

**BRIEN ENGEL
GLASS HARP MUSIC**

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**Alignment of Glass Harp Performances with Georgia Physical Education
Standards of Excellence for K-8, by chart and by each applicable standard:**

Kindergarten PEK.1 a PEK.2 b,d,e PEK.5 c,d	Grade 1 PE1.1 c,o PE1.2 a,d,e PE1.5 a,b	Grade 2 PE2.1 m PE2.2 a,c PE2.5 b,c,d
Grade 3 PE3.2 b,c,e PE3.5 c,d	Grade 4 PE4.1 a,b,d PE4.2 b,c,d PE4.3 h PE4.5 a,b,c	Grade 5 PE5.1 a PE5.2 b PE5.4 b PE5.5 a,b,c
Grade 6 PE6.1 a,c,d PE6.5 a,d	Grade 7 PE7.1 b PE7.2 a PE7.5 a,b,c	Grade 8 PE8.1 d PE8.2 b,c PE8.5 a,c,d,e

Kindergarten

PEK.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.

a. Performs basic locomotor skills (walk, run, hop, jump, skip, slide, and gallop) while maintaining balance.

PEK.2 The physically educated student applies the knowledge of concepts, principles, strategies, and tactics related to movement and performance.

b. Performs a rhythmic activity in a personal space.

d. Travels in general space with different speeds.

e. Travels in general space on different levels.

PEK.5 The physically educated student recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

c. Identifies physical activities that are enjoyable.

d. Recognizes the enjoyment of playing with others.

Grade 1

PE1.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.

c. Performs non-locomotor and locomotor combinations.

o. Strikes an object with a short-handled implement using a proper grip.

PE1.2 The physically educated student applies the knowledge of concepts, principles, strategies, and tactics related to movement and performance.

a. Responds to different beats/rhythms in personal and general space.

d. Differentiates between fast and slow speeds.

e. Differentiates between strong and light force.

PE1.5 The physically educated student recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

a. Recognizes physical activity as a component of good health.

b. Recognizes that challenges in physical activity can lead to success.

Grade 2

PE2.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.

m. Consecutively strikes a variety of objects with a short-handled implement.

PE2.2 The physically educated student applies the knowledge of concepts, principles, strategies, and tactics related to movement and performance.

a. Maintains personal space in a movement setting.

c. Demonstrates gradual increases and decreases in speed and force in dance and/or a variety of activities.

PE2.5 The physically educated student recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

b. Participates willingly in physical activities which require learning new skills.

c. Identifies physical activities which provide opportunities for self-expression in dance, gymnastics routines, and game environments.

d. Recognizes the value of working cooperatively with others.

Grade 3

PE3.2 The physically educated student applies the knowledge of concepts, principles, strategies, and tactics related to movement and performance.

b. Applies the concept of muscle tension with balance in gymnastics and/or dance.

c. Uses a variety of locomotor skills in general space to a rhythm.

e. Incorporates movement concepts (direction, levels, time, and force) with skills as directed by the teacher

PE3.5 The physically educated student recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

c. Recognizes the connection between enjoyment and participation of physical activity.

d. Recognizes that physical activity provides opportunity for social interaction.

Grade 4

PE4.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.

a. Uses various locomotor skills in a variety of small-sided games, dance, and educational gymnastics experiences.

b. Creates a repeatable dance, gymnastics, or exercise routine when combining locomotor movement patterns.

d. Transfers weight in gymnastics and/or dance environments.

PE4.2 The physically educated student applies the knowledge of concepts, principles, strategies, and tactics related to movement and performance.

b. Combines pathways, shapes and levels with skills in small-sided games, gymnastics and/or dance environments.

c. Applies the concepts of speed, endurance, and pacing in movement activities.

d. Applies the concepts of direction and force when manipulating an object.

PE4.3 The physically educated student demonstrates knowledge and skills to help achieve and maintain a health-enhancing level of physical activity and fitness.

h. Compares opportunities for participating in physical activity outside of physical education class.

PE4.5 The physically educated student recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

a. Examines the health benefits of participating in physical activity.

b. Ranks the enjoyment and/or challenge of various physical activities.

c. Describes and compares the positive social interactions when engaged in a variety of physical activities.

Grade 5

PE5.1 The physically educated student demonstrates competency in a variety motor skills and movement patterns.

a. Demonstrates mature patterns of various locomotor skills in a variety of small-sided games, dance, and educational gymnastics experiences.

PE5.2 The physically educated student applies the knowledge of concepts, principles, strategies, and tactics related to movement and performance.

b. Analyzes movement and applies movement concepts (force, direction, speed, pathways, shapes, and levels) in a variety of small-sided games, dance, and/or gymnastics activities.

PE5.4 The physically educated student exhibits responsible personal and social behavior that respects self and others in physical activity settings.

b. Participates with independent and cooperative responsibility.

PE5.5 The physically educated student recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

a. Compares the health benefits of participating in physical activity.

b. Analyzes the enjoyment and/or challenge of various physical activities for a positive or negative response.

c. Describes the social benefits gained when engaged in a variety of physical activities.

Grade 6

PE6.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.

- a. Performs elements of movement combinations (shape, motion, space, energy, and flow) in multiple activity categories.
- c. Performs rhythm sequences which combine movements and skills.
- d. Performs motor skills specific to multiple activity categories. e. Performs motor skills and movement patterns with appropriate adjustment to dynamic movements such as balance, weight transfer, speed, and direction.

PE6.5 The physically educated student recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

- a. Selects and participates in physical activities that foster social interaction and continued personal growth.
- d. Describes the social benefits of being physically active.

Grade 7

PE7.1 The physically educated student demonstrates competency in a variety motor skills and movement patterns.

- b. Performs a movement sequence in a physical activity, dance routine, or game

PE7.2 The physically educated student applies the knowledge of concepts, principles, strategies, and tactics related to movement and performance.

- a. Explores basic physics concepts such as action-reaction, trajectory, levers, and linear velocity that are important in physical activities.

PE7.5 The physically educated student recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

- a. Participates in health enhancing activities for personal challenge and describes how each exerts a positive effect on health.
- b. Participates in new activities and describes the positive mental and emotional benefits of participation.
- c. Explains the benefits of social interaction through physical activity

Grade 8

PE8.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.

d. Creates rhythm sequences that combine complex movement concepts and skills.

PE8.2 The physically educated student applies the knowledge of concepts, principles, strategies, and tactics related to movement and performance.

b. Explores important concepts in physical activities, such as action-reaction, trajectory, levers, and linear velocity.

c. Describes the impacts of critical elements related to complex motor skills (force, timing, speed, direction, levels, and sequence of motion).

PE8.5 The physically educated student recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

a. Recognizes the role of physical activity in today's society in the development of positive health aspects, enjoyment, and social interaction.

c. Explores the importance of physical activity in managing social and emotional challenges (anxiety, depression, etc.).

d. Displays empathy and encouragement to others during physical activity.

e. Supports student-centered inquiry into all types of physical activity to encourage discovery of activities that allow for self-expression and lifelong enjoyment.